

# Camp Oty'Okwa COVID-19 Guidebook



To the Camp Oty'Okwa community,

We wrote the attached guidebook for our camp families and staff prior to our 2021 season and this will be a work in progress as we update our protocols and procedures for the upcoming season based on updated knowledge of COVID-19. We have borrowed some best practices from other camps, including North Star Camp, and many more that are a part of the American Camp Association. The guidance from the Center for Disease Control and our local Health Department will continue to be great sources of knowledge and we will rely on this guidance so that we are able to best provide a safe experience for all those that attend Camp Oty'Okwa. We are fully focused on holding an in-person and safe summer camp experience for the youth of Central Ohio.

The people that attend Camp Oty'Okwa have faced many challenges in the last year, as has the rest of the world. Camp is more important now than ever; the youth that benefit from attending need positive examples in their lives to help them develop attributes such as empathy and self-esteem, both of which are in short supply. The environment that is Camp Oty'Okwa allows all who attend to have the opportunity to come together to make memories that will last for a lifetime.

As we navigate through this process, we all are reminded of the impact that the Magic of Camp can offer the youth that attend. To ensure that youth are able to feel significant, develop competence, acknowledge their power, and acclimate with the virtues of Camp, we must do everything possible to have a safe in-person camping experience for the youth of Central Ohio.

If you have any questions as you begin to plan for 2021, please feel free to reach out. Everyone at Camp Oty'Okwa looks forward to children running across the field or swimming in the swimming pool with smiles across their faces very soon.

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# Introduction

The information surrounding Coronavirus Disease 2019, including its variants (collectively, “COVID-19), is constantly changing and evolving. This guidebook organizes COVID-19 best practices for summer camp published by the CDC, the State of Ohio, and American Camp Association, as well as information from pediatricians, emergency room doctors, epidemiologists, and infectious disease experts into one place. This guidebook intends to provide camp families and staff with information about how Camp Oty’Okwa is adapting policies and procedures this summer to mitigate the risk of COVID-19 in camp. As information changes and evolves, so too will this guidebook reflect current information.

While we have worked tirelessly to adapt Camp Oty’Okwa to mitigate the risk of COVID-19 exposure in camp, it is important to note that there is no way for us to guarantee that COVID-19 will not be present. With that in mind, we are planning to both mitigate the chance the virus enters the camp and, if it does, deal with it in a way that ensures the safety of the campers and staff. We intend to run because we believe we can care for campers and staff if they do contract COVID-19 prior to their departure, and that we can isolate and stop the virus from spreading if it does enter camp.

Camp will look and feel different this year. But the value of being in a beautiful Hocking Hills setting, among friends old and new, and participating in fun camp activities is needed more than ever during this challenging year.

**This Guidebook will outline changes to policies and procedures to help Camp Oty’Okwa operate as safe as possible.**

**We ask that all parents/guardians review this Guidebook with their campers.**

**All staff members must review this Guidebook during pre-camp.**

## COVID-19 BASICS

Before we can begin to discuss what changes will occur at camp to ensure the health and safety of our camp community, it is important that the basics of COVID-19 are understood.

It’s important to note that even if every precaution is taken and done right, COVID-19 still could come into camp. Camp Oty’Okwa has come to the conclusion that if COVID-19 were to enter camp, we have the policies in place to stop the spread.

Let’s start by defining the virus itself.

### COVID-19 vs. Sars-CoV-2. What’s the difference?

SARS-CoV-2 is a type of coronavirus, which is a large family of viruses that are common in people and many different species of animals, including camels, cattle, cats, and bats.

## **COVID-19, short for Coronavirus Disease 2019, is the disease caused by the SARS-CoV-2 virus.**

Multiple variants of the virus that causes COVID-19 are circulating globally. These include several variants that have been detected in the United States. Some of these variants seem to spread more easily and quickly than other variants, which could lead to more cases of COVID-19. Rigorous implementation of prevention strategies is essential to control the spread of these variants. CDC, in collaboration with other public health agencies, is monitoring the situation closely and studying these variants quickly to learn more to control their spread. As more information becomes available, prevention strategies and guidance may need to be adjusted to new evidence on risk of transmission and effectiveness of prevention in variants that are circulating in the community.

### **How does the virus spread?**

The coronavirus is mainly spread from person to person via respiratory droplets or aerosols transmitted by infected persons. When an infected person coughs, sneezes, talks, or exhales, microscopic droplets contaminated with SARS-CoV-2 are expelled from that person's mouth and nose. These droplets are often too heavy and fall down to the floor or surface nearby after a short time. However, some droplets turn into even smaller particles called aerosol particles. If the contaminated droplets or aerosol particles are then inhaled by another person, they could be contaminated and could develop COVID-19 (and start to spread it too).

Droplets can remain in the air for seconds or minutes in a confined space. Aerosol particles can remain in the air for up to three hours.

There is a possibility that droplets from infected individuals can contaminate surfaces and objects creating fomites (contaminated surfaces) which can also spread the SARS-CoV-2 virus. While it is possible that a person can come into contact with the virus via a surface that is contaminated and then have it enter their body after touching their own mouth, nose, or eyes, the risk is significantly low -- and especially lower than the risk of infection from droplets and aerosol particles. This is why wearing masks is significant in stopping the spread of the virus.

### **Prevention - Masks**

One of the best and most effective way to decrease the risk of COVID-19 is by wearing a mask. An effective mask should completely cover your nose and mouth, and fit snugly against the sides of your face without any gaps. The best masks have two or more layers of breathable fabric.

The reason that masking is so important -- perhaps more than any other prevention method -- is how the virus is spread, which we've already discussed as mainly through droplets or aerosols. Wearing a mask helps stop you from potentially spreading the virus to others, and

also protects you from droplets or aerosols that may be in the air that have the potential to infect you.

There are a variety of types of masks: face masks, shields, bandanas, N95. The effectiveness of each of the masks varies. In general, N95 masks offer the best protection. The more layers that the mask has, the more effective it will be.

## **Prevention - Cleaners and Disinfectants**

COVID-19 is very contagious and can be deadly, resulting in tens of millions of positive cases and millions of deaths worldwide.

Outside of the human body, the virus is unable to survive for a significant amount of time. Coronaviruses are enveloped viruses with a protective fat layer, but that fat layer is easily broken down when it comes into contact with disinfectants. Therefore, something as simple as washing hands with soap and water for 20 seconds after you have been in a public place can break down the virus if it is on your hands. Most basic disinfectant cleaners or sprays will kill the virus if it is on a surface.

The most important items to disinfect are high touch surfaces, such as door knobs, toilets, sinks, light switches, touch screens, etc. It is also important to allow the proper contact time for the disinfectant to kill the virus if present.

## **The Swiss Cheese Approach**

There is no single action that can guarantee that a person will not get sick with COVID-19. Simply washing your hands frequently doesn't mean you won't breathe in the virus from someone who is exposed. Wearing a mask won't protect you fully if you are in the same room as someone with the virus for an extended period of time, even if they are wearing a mask too. The best course of action is to think about your camp's response as a block of Swiss cheese. In every slice of Swiss cheese, there are holes. Since there is no perfect singular way to stop the spread of COVID-19, each prevention measure has its own strengths and weaknesses (or, its own set of strengths and Swiss cheese holes). But layering multiple prevention measures on top of each other like hand sanitizing AND wearing a mask AND social distancing AND daily health screening AND limiting time indoors AND quarantining before going to camp AND getting and possibly getting tested before going to camp -- creates fewer loopholes (or a thicker block of Swiss cheese) for the virus to enter and spread throughout camp.

Said another way, the more precautions and steps taken prior to and during camp to mitigate the potential exposure to COVID-19, the less risk there will be that there is a major spread of the virus at camp. With more precautions, camp will be relying on more than just luck to keep COVID-19 out it'll be based more on precautionary scientific measures that are layered on top of each other to allow fewer openings for the virus to slip through.

## **Coronavirus Outdoors**

A large amount of the summer at camp is spent outdoors, so it is important to understand the risk of Coronavirus outdoors. When outside, the chance of sharing the same air is greatly reduced. There is also evidence that the Coronavirus becomes weaker as the temperature and humidity increases. The virus has more ability to spread in enclosed spaces, so the great outdoors, with wind and other weather factoring in, means that the risk of virus transmission is quite low. Being outdoors while also remaining socially distanced is the best way to limit the potential spread of coronavirus at camp.

## **Different types of ways to show (or not show) symptoms**

One of the most frustrating things about COVID-19 is that infected individuals experience different symptoms and it can be transferred by people who don't even realize they are sick. We'll break down the different types of symptoms here.

### **Symptomatic**

When someone with COVID-19 is symptomatic, they exhibit symptoms of the virus. This can include, body or muscle aches, cough, diarrhea, fatigue, loss of taste, loss of smell, fevers and many more symptoms. For a complete list of symptoms, visit the Centers for Disease Control website.

### **Asymptomatic**

Asymptomatic carriers of COVID-19 do not exhibit any signs or symptoms of the virus, but their body is still infected with the virus and is fighting it. Asymptomatic carriers are contagious and can unknowingly spread the virus to others.

### **Presymptomatic**

Presymptomatic carriers may not yet be displaying symptoms of the virus because those can take up to 14 days to show. Presymptomatic people are contagious and can spread COVID-19 to others.

### **Paucisymptomatic**

Paucisymptomatic people have such mild symptoms and are unaware that they may have the Coronavirus. An example could be someone who has a cough or very low fever for a couple of days, passing it off as just a cough or low fever, only to discover those symptoms were indicators of a positive COVID-19 virus present in their body. Paucisymptomatic people are contagious.

## **COVID-19 Symptoms**

Primary symptoms of COVID-19 may include one or more of these symptoms:

- Body or muscle aches
- Congestion or runny nose
- Cough
- Diarrhea
- Fatigue
- Fever of 100.4 degrees or higher

- Headache
- Loss of taste or smell
- Nausea or vomiting
- Shortness of breath or difficulty breathing
- Sore throat

Visit the CDC website for an updated list of symptoms.

## Higher Risk for Complications

If a camper or staff member is at higher risk for COVID-19 complications, it is highly recommended that they consult their medical provider to assess the risk of attending camp. High-risk conditions include (but are not limited to):

- Asthma
- Chronic kidney disease undergoing dialysis
- Chronic lung disease
- Diabetes
- Liver disease
- Immuno-compromised
- Immuno-compromised as a result of a condition, such as:
  - Bone marrow or organ transplantation
  - Cancer treatment
  - Immune deficiencies
  - Poorly controlled HIV or AIDS
  - Prolonged use of corticosteroids and other immune weakening medications
  - Smoking
- Serious heart conditions
- Severe obesity (body mass index [BMI] of 40 or higher)
- 65 years of age or older

## Duration of Symptoms

If a person is showing symptoms or has been exposed to someone with a suspected or confirmed COVID-19 diagnosis, it is imperative that the person is isolated and quarantined immediately. A COVID-19 PCR Test should be administered to determine whether the person is indeed infected with the virus.

In general, the incubation period of the virus is between 4-14 days. That means once the virus enters the body, it can sometimes take between 4-14 days for symptoms to appear or for the person to be contagious. It is important to remember though that each person could have different types of symptoms (asymptomatic, symptomatic, etc.) so just because an incubation period has been reached, doesn't mean that the person will definitely exhibit symptoms.

Once in isolation, the infected person should stay isolated so they do not infect other people at camp and further the spread of the virus. A person should remain isolated until all 3 conditions are met:

- 10 days have elapsed since symptoms first appeared
- 24 hours without a fever (without using fever-reducing medications)
- Other symptoms improve

It is important to continually monitor the infected patient. If possible, re-testing the patient to confirm they are now testing negative (and thus, not spreading the virus) is the best way to ensure the potential risk of the virus spreading.

## Testing Basics

There is some confusing information regarding COVID-19 tests that we will hope to explain here. It's also important to understand the difference between different types of COVID-19 tests.

First, just because someone tests "negative" does not mean that they do not have COVID-19. It means that at that moment in time, their body is not producing enough of the virus to be detected by a test. You could test negative and have no symptoms (asymptomatic), but still be contagious and pass the virus on to others.

There are currently three types of tests being administered to determine the presence of COVID-19: PCR, Antigen, and Antibody.

The most accurate test is a **PCR test**, which detects whether the virus's genetic material is present in the patient. These tests typically take 2-3 days to get results back, depending on the amount of tests being administered by the lab. Due to its high rate of validity, a PCR test is the best test for campers and staff to take prior to camp to ensure they are negative (at that moment in time).

An **Antigen test** is a type of "rapid" test that detects whether specific proteins from the virus are present in an infected person. These rapid tests typically return results in under an hour. Antigen tests have a higher rate of false positives, or can miss active infections and incorrectly come back as negative.

An **Antibody test** detects COVID-19 antibodies in the patient's immune system. An antibody test should not be used to diagnose an active infection but can discern whether that person was previously infected.

As an additional precaution, anyone with suspected symptoms who is tested should wait until the symptoms disappear and/or the test result comes back before ending their quarantine or interacting with other people.

## **COVID-19 Vaccination**

The U.S. Food and Drug Administration (FDA) authorized the first COVID-19 vaccines for emergency use in December 2020. Getting vaccinated as soon as the opportunity is available is an important way for camp operators and staff to keep from getting and spreading COVID-19. Vaccines are not yet approved for use in children of all ages, although vaccine trials are currently underway. For this reason, even after camp employees are vaccinated, camps need to continue prevention measures for the foreseeable future, including requiring masks while indoors and physical distancing.

## **The Risk of COVID-19 in Children**

As stated at the beginning of this COVID-19 Basics section, we know that COVID-19 could potentially come to Camp Oty'Okwa. We believe that we have the policies in place to run a camp with an emphasis on safety. The reality is that it is impossible to guarantee that COVID-19 will not come into camp.

As we studied the latest science and data around the virus, we felt confident that we could support the needs of our population and that we could work to prevent transmission of the virus.

Ultimately, the data as of the start of June 2020 showed that the impact of the Coronavirus on otherwise healthy kids and younger staff was low. The American Academy of Pediatrics and Children's Hospital Association puts out a comprehensive report each month of COVID-19 data in children. When children get COVID-19, their symptoms are generally mild. Only 0.012% of child COVID-19 cases result in hospitalizations (about 12 in every 100,000 people age 5-17), and 0.02% of COVID-19 deaths in the US have been children 5-14 (as of November 2020).

Children who have existing comorbidities (one or more additional conditions occurring at the same time) have higher risk of more severe COVID-19 reactions. As mentioned previously, it is imperative that any person who has a higher risk of concern consults his or her medical professional to make a determination about whether attending camp is worth the risk.

Due to their ages, staff members have an increased risk of hospitalization and death from COVID-19, though young staff members in their teens and twenties still have relatively low risk of complications. All staff members should consider their own health prior to deciding whether or not to work at camp.

# Camp Oty'Okwa 2021

## COVID-19 POLICIES AND PROCEDURES

Camp Oty'Okwa will adopt six guiding principles in our approach to COVID-19. They are:

- Outdoors
- Masking
- Distancing
- Sanitizing
- Rethinking & Empowering
- Communicating

### COVID-19 Response Team

If you have any questions regarding anything in this guidebook or COVID-19 at camp, please contact:

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### A note to our Camp Oty'Okwa families

While we are confident in our ability to run camp during a pandemic, it is being done with many changes to camp protocols and the overall program. Because of those changes, camp may not be appropriate for some individual campers and staff during a pandemic. Each individual and family must decide if camp, modified as detailed in the pages to follow, is the right fit. In some cases, the Camp Oty'Okwa staff may determine that certain campers are not appropriate this year.

### Capacity

In order for Camp Oty'Okwa to successfully complete the plan of hosting a safe in-person camping experience for the 2021 summer, we have made the decision to reduce our operating capacity to 50%. Having 50% of the campers will make camp smaller in number to give us the opportunity to appropriately distance while campers and staff members are at camp. The Counselor to camper ratio will be two counselors to 4-5 campers this year. Based on many of the guidelines from the CDC and the ACA, it is best for Camp Oty'Okwa to reduce its capacity as there are areas of Camp that are challenging to ensure proper social distance. At some point, hopefully in 2021, we will return to our normal 100% capacity.

## **Before Camp**

In order to mitigate the risk of COVID-19 being brought into camp, we will ask all campers and staff to take additional safety measures in the two weeks prior to their arrival. We may change these procedures at any time as we continue to review the latest data and guidance from public health officials.

If the safety protocols are not followed by campers or staff members, they may be removed from Camp Oty'Okwa. The health and safety of everyone at camp will be the first and foremost priority. Camp policies will be practiced and reinforced regularly throughout staff training and each session.

## **Temperature and Symptom Monitoring**

Prior to attending Camp, campers and staff should practice appropriate social distancing, wearing masks when in the company of others that they do not live with, and good personal hygiene. Campers and staff members should self-screen for COVID-19 symptoms. There will be a COVID-19 screening completed with Camp Oty'Okwa medical professionals during first day of registration prior the camper's attendance.

## **Non-Essential Travel**

All campers and staff should avoid any non-essential travel 14-days prior to attending camp. If travel outside of the home is absolutely necessary, a face mask should be worn when in public or in the homes of other people.

If a member of the Camp Oty'Okwa community exhibits COVID-19 symptoms in the 14 days prior to camp, tests positive for COVID-19, or has COVID-19 symptoms during their intake exam prior to departing for camp or during at-camp registration, they will not be permitted to join us at camp. We understand how much campers love camp and we want to share the Camp Oty'Okwa experience with them, but it is critical that anyone who exhibits symptoms or tests positive stays home for the safety of the entire Camp Oty'Okwa community.

## **Travel to Camp**

For 2021, we are modifying our regular transportation options for campers to arrive at camp. We will be working with Cardinal Transportation for trips to and from Camp Oty'Okwa. Cardinal Transportation has taken extra measures to support the health and safety of the passengers on the bus. These include extra cleaning before and after each trip is made and installing UV lighting in the air filtration units. Additionally, the seats directly behind the bus driver are not to be in use for the health and safety of the bus driver. Camp Oty'Okwa will also add that only one person will be permitted to sit per seat and will be set up using a staggered seating arrangement. Masks will be worn at all times.

### **Travel via Camp Provided Transportation**

Upon arrival at the departure location, campers and parents/guardians should wear masks and keep a distance of at least 6 feet from others during the first day registration process. In addition to the normal health screening, campers will also be screened for COVID-19:

- Campers who have a temperature over 100.4 degrees Fahrenheit, show COVID-19 symptoms, or have been exposed to COVID-19 in the previous 14 days will not be permitted to travel to camp.

Campers will be asked the following COVID-19 screening questions:

- Have you come into contact with anyone who has been sick or shown signs or symptoms of COVID-19 in the past 14 days?
- Have you had a fever of 100 or above in the past 14 days?
- Have you recently experienced any loss of taste and smell?
- Have you recently experienced coughing?
- Have you recently experienced any shortness of breath or difficulty breathing?
- Are you experiencing nausea or the feeling that you need to vomit?
- Do you have a sore throat?
- Do you have a headache?
- Do you have any fatigue or body/muscle aches?

### **Travel via Drop-Off at Camp**

If interested, parents/guardians can elect to drop their camper off at camp. We will provide exact drop-off times with registration and confirmation materials. Campers should not travel to camp with individuals who are not members of their household.

Staff members will be at Camp Oty'Okwa to welcome and direct each camper and their family into camp. There may be a short wait as others are checked in, so we ask that everyone remain patient as we get everyone checked in. Campers and parents/guardians will wear masks and keep a distance of at least 6 feet from others during the first day registration process. Masks will be provided to anyone who does not have one; otherwise, individuals will not be allowed in the registration area. In addition to the normal health screening, campers will also be screened for COVID-19:

- Campers who have a temperature over 100.4 degrees Fahrenheit, show COVID-19 symptoms, or have been exposed to COVID-19 in the previous 14 days will not be permitted to stay at camp.

Campers will be asked the following COVID-19 screening questions:

- Have you come into contact with anyone who has been sick or shown signs or symptoms of COVID-19 in the past 14 days?
- Have you had a fever of 100 or above in the past 14 days?
- Have you recently experienced any loss of taste and smell?
- Have you recently experienced coughing?

- Have you recently experienced any shortness of breath or difficulty breathing?
- Are you experiencing nausea or the feeling that you need to vomit?
- Do you have a sore throat?
- Do you have a headache?
- Do you have any fatigue or body/muscle aches?

## **During Camp**

In order to create as safe an environment as possible and mitigate the risk of COVID-19 in camp, we will be making adjustments to camp procedures and policies in a variety of areas. We may change any or all of these procedures at any time as we continue to review the latest data and guidance from public health officials.

When possible (and weather permitting), camp activities will be held outdoors. We will have more picnics and cookouts throughout the summer.

All modified camp rules and procedures will be announced to all campers during the first day of camp, including hand washing and sanitizing procedures, ground rules for social distancing, when masks will be required, daily temperature checks, etc.

## **Physical Distancing**

**Cabin Groups:** Cabin groups are groups of campers and staff that stay together throughout the day to minimize exposure to other people while at camp. Cabin groups will have the same staff stay with the same group of campers and remain together as much as possible. Limit mixing between cabin groups. Cabin Group assignments will not replace other prevention measures, including wearing masks while indoors. Campers and staff in the same cabin assignments will continue to wear masks at all times while inside, except when eating, drinking or showering.

**Maintaining Physical Distance:** Physical distancing provides protection by reducing risk of exposure and limiting the number of close contacts when someone is infected with COVID-19. Camp Oty'Okwa will maintain strategies to promote physical distancing, indoors and outdoors including:

- Staying at least 3 feet between all campers and staff within a cohort
- Staying at least 6 feet between all campers and staff outside of their cohort

## **General Safety and Sanitation Protocols**

These general safety guidelines will be followed by everyone in camp at all times.

### **Temperature checks daily**

One important aspect of health monitoring for Camp Oty'Okwa to operate this summer will be the use of daily temperature checks. By monitoring every person's daily temperature, we believe this will be an important aspect to preventing the spread of COVID-19 should it enter the camp population.

- The camp Nurse and other medical professionals will complete a self-check form with parent/guardian for each camper at check-in on registration day with standard COVID questions.
- If person has a fever at registration, they cannot stay/attend camp – fever is considered 100.4 or higher.
- If a camper is denied permission to attend camp, camp staff will work to find an alternate time for camper to attend when they are eligible.
- Camp will provide a no-touch thermometer to each cabin/counselor and counselor will keep a daily log in cabin for their cabin/trail group, which will be checked each morning by Unit Leaders.
- Temperatures will be taken each morning before breakfast for all staff, campers, and anyone else on camp property or upon arrival on camp property.
- Support staff and anyone not assigned to a cabin group will have temperature taken each morning by the Camp Coordinator and a temperature log kept in the office.

## **Major Areas of Concern for Transmission**

These are areas of Camp Oty'Okwa that create challenges to ensure proper social distancing:

- Cabins and overnight campouts
- Dining Hall and Meals
- Transportation (bus and vans)
- Activity Center (including the Art Room and Gym)
- Final fire
- Pool
- Public spaces (Old Man's Cave, etc.)

### **Cabins**

Each group will be reduced in size to support the need for social distancing in places like the cabin, dining hall, etc.

- Trail group size will be maintained at 50% of typical cabin group size.
- Each bunk bed set (top and bottom) will only be assigned to one camper. There will not be a camper on the top bunk and bottom bunk of any bed.
- Masks are required at all times while in the cabin except when sleeping.

### **Overnight campouts**

When cabin groups participate in an overnight campout, outside of their cabin, they will follow these additional guidelines.

- “Tents” will be arranged in a way to support social distancing as much as possible while sleeping
- The counselor will be the only person/people to handle the food distribution or food preparation. Campers will only be able to prepare their dish after the ingredients have been passed out by the counselors (i.e. pie-iron pizzas)
- Each cabin group will wash their dishes by hand prior to bringing them to the kitchen for additional cleaning and sanitization with the camp dishwasher
- Counselors will ensure that campers/staff have sanitized their hands after using the restroom and prior to preparing food
- Masks are required at all times while on overnight campout except when sleeping and eating

## Meals

The dining hall is a major area where people come together. As we know, being inside with many people is not a good idea. As campers and staff will not be required to wear masks while eating a meal, having the entire camp inside at one time is also not a good idea. We will shift to the following guidelines for meal service.

- Meals will be served outside when possible so that campers and staff are not congregating inside the dining hall.
- Meals will be served in shifts to accommodate for proper social distancing
  - Breakfast at 7am & 8 am
  - Lunch at 11am & 12pm (12pm if only one shift)
  - Dinner at 5pm & 6pm
- Cleaning staff will sanitize and clean throughout the day, including after each meal.
- Campers and staff will be distanced while eating meals as they will sit around two 8-foot tables per group
- Camp will have signs posted and marks on the floor to remind people about distancing and sanitizing
- The front door of the dining hall will be entrance-only and the side doors will be exit-only to prevent congestion
- Campers and staff will wash or sanitize hands prior to each meal
  - Sanitizer stations will be stationed in the dining hall
- Tables and chairs will be cleaned and sanitized between shifts
- Counselors will serve the food/drink to campers so they will be the only people to touch the handles and serving dishes
- Staff will sanitize hands prior to dispensing coffee

## Serving Protocols

- Counselors will serve the food/drink to campers so they will be the only people to touch the handles and serving dishes
- Milk/juice will be served in single use containers

- Meal items will be placed on a large serving tray to be taken to individual tables by the counselor
- Dishes will be washed in the industrial dishwasher (like always) which has a sanitizing cycle
- Camp will not be able to keep and re-serve any leftovers, neither from dining hall or pack outs

## **Kitchen Staff Protocols**

- Temperature checks will be performed for kitchen and cleaning staff daily at the beginning of their shift
- Kitchen and cleaning staff will complete the self-check questionnaire daily prior to starting their shift and keep a log book
- As always, kitchen staff will wash hands frequently and sanitize all surfaces before and after use
- Pack-outs
  - Individually wrapped items will be used as much as possible
  - Gloves are to be used by the counselor if they are preparing food items
- The water fountain will remain turned off and large water jugs will be placed outside for refilling water bottles – dispenser knob will be sanitized several times a day by assigned camp staff
- Snacks will be served individually wrapped when possible and be eaten outside when possible

## **Transportation while at Camp**

From time to time, campers will need transportation to and from the local attractions (i.e. Old Man’s Cave, Ash Cave, Hocking River, etc.). Some of the hikes or trips away from camp will require campers and staff to be dropped off, picked up or both. For these situations, Camp Oty’Okwa will utilize the camp vans when necessary.

- Campers will be seated in vans in a seating pattern where no camper is directly next to another camper. There will be a maximum of 2 campers to one bench seat
- Vans will be sanitized twice daily using spray disinfectant on seats, door handles, and seat belts.
- Hand sanitizer and extra masks will be kept in the vans at all times
- Masks will be worn at all times while in the vans. Windows will be open to allow fresh air to circulate during times where weather is favorable

## **Gym/Activity Center (including field)**

The gym is another popular place for campers and staff to spend their afternoons. Many people can spend hours playing pickup games of basketball or climbing on the climbing wall. The following guidelines will be observed in the gym and during group activities where possible.

- Groups utilizing the gym will be limited in size to support social distancing

- Games and gym activities will take place outside as much as possible
- Shared gym supplies (i.e. balls) will be sanitized twice daily by assigned staff
- Climbing wall participants will sanitize their hands prior to using climbing wall
- Climbing wall helmets will be sanitized between uses in accordance with pre-existing policy
- Gym activities will be evaluated to determine if they support camp sanitation protocols – staff will establish a list of “safe” activities and excluded activities
- All high-traffic areas (door handles, bathrooms) will be sanitized twice daily by assigned staff
- Library – books that have been used will be placed in a box to be sanitized before being returned to circulation
- Campers and staff will sanitize their hands upon entering and leaving the gym/activity center
- Masks are required at all times while in gym/Activity Center area, even when participating in sports activities
- Drinking fountain outside the Activity Center will remain closed

## **Art Room**

The Art Room is a place where many come to enjoy spending time in a quieter place, make a wonderful art project, or just hang with everyone’s favorite Art Lady. This summer we must keep in mind the protocols that are in place while we are creating art in this space.

- Groups utilizing the art room will be limited in size to support social distancing
- Art activities will take place outside as much as possible
- Shared art supplies (scissors, glue, etc.) will be sanitized between uses
- Any tables and supplies will be sanitized between groups by the assigned staff or Art Director
- Art activities will be evaluated to determine if they support camp sanitation protocols – Art Director will establish a list of “safe” activities and excluded activities
- Masks are required at all times while in the art room and outdoor art areas

## **Final Fire/Candlelight Ceremony**

The final campfire and candlelight ceremony is one of the most memorable moments of the entire week. As we gather for this special moment, we must remember the safety protocols surrounding COVID-19.

- Groups will be spaced out at the final campfire ring and pool to support social distancing and when walking to the fire ring and pool and when departing the pool area
- Masks are required at all times, including when presenting skits/songs
- Rain plan – final campfire will be held in the Activity Center gym with groups spaced around the perimeter walls of the building

## **Swimming Pool**

The swimming pool is often the most popular place in camp. On a hot day after hiking, the pool becomes an oasis to cool off, splash around, and have a little fun. We believe that this can also be a relatively low risk area due to the activity being outside and the pool chemicals are known to kill the COVID-19. That being said, we do need to be mindful that having many people all in one place could create additional risk to those who are participating. The following guidelines will be observed at the swimming pool.

- A staff member will be assigned at the entrance to ensure that people who are entering have properly cleaned their hands. Counselors will be expected to have campers wash or sanitize their hands prior to going to the swimming pool
- Communal swim times will be staggered to reduce the capacity of how many people are swimming at one time
- A log will be kept of which groups were at the pool at which times. This will be referred to if someone becomes sick later
- Masks are required at all times while in the pool area except when in the water
- Pool capacity will be set at no more than 50% of a typical camp year
- Any pool toys being used need to be sanitized in the pool water or with a disinfectant prior to being used by another camper or staff. This is based on the recommendation of the CDC
- Sunscreen will be provided and administered by an assigned staff member

#### **Public Places (i.e. hiking in state parks)**

- Camp groups will remain socially distant from other people in the area
- Masks will be worn while passing other groups of hikers or in public places
- Campers and staff will sanitize their hands before and after eating and after using the restroom

#### **Canoeing**

- Transportation protocols will be followed as listed above
- Risk of transmission is low while participants are in the boats given it an outside activity and distance can be maintained in a canoe
- Boats, paddles, life jackets, and other supplies will be sanitized by the Canoe Instructor between uses
- Masks will be worn when entering and exiting boats and while on land but not while the boat is on the water
- A water emergency response takes precedence over COVID protocols
- Camp groups will remain socially distant from other people in the area and on the river

## Daily Schedule

In order to socially distance as much as possible, we will be adjusting the daily schedule. Each cabin group will still have to opportunity to adjust their daily schedules as the group sees fit, but Camp will adjust the schedule where people would typically come together. See below for an example of what the daily schedule will be.

Daily Schedule	
6:30 AM	Group A Wake-up Bell
7:00 AM	Group A Breakfast in Dining Hall
7:30 AM	Group B Wake-up Bell
8:00 AM	Group B Breakfast in Dining Hall Group A Prepares for Daily Activity
8:30 AM	Group A Departs for Daily Activity Group B Prepares for Daily Activity
9:30 AM	Group A Daily Activity Group B Departs for Daily Activity
10:00 AM	Daily Activity (Hiking, Canoeing, etc.) Life Skills Workshops
11:00 AM	Daily Activity (Hiking, Canoeing, etc.) Life Skills Workshops
12:00 PM	Daily Activity (Hiking, Canoeing, etc.) Lunch in Dining Hall if not on Hike
1:00 PM	Daily Activity (Hiking, Canoeing, etc.) Life Skills Workshops
2:00 PM	Life Skills Rec Time (with pool) Daily Activity (Hiking, Canoeing, etc.)
3:00 PM	Group A Rec Time (with pool) Group B Rec Time (no pool)
4:30-5:00 PM	Group A Rec Time (no pool) Group B Rec Time (with pool)
5:00 PM	Group A Dinner in Dining Hall Group B Rec Time (with pool)
6:00 PM	Group A Recreation Time (with pool) Group B Dinner in Dining Hall
7:00 PM	Group A Recreation Time (without pool) Group B Recreation Time (with pool)
8:00 PM	Evening Program
9:00 PM	Evening Program/Bedtime
10:00 PM	Evening Program/Bedtime

## Masking and Distancing

The most important philosophy that we have adopted to mitigate the potential spread of COVID-19 at camp is masking and distancing. At Camp we are often in the company of others and it is imperative that we are all being diligent about keeping our distance from one another and wearing our masks while indoors.

- Masks will be required at all times while indoors, other than when eating, showering, and sleeping
- Masks will be worn while passing other groups of hikers or in public places
  - Campers will be encouraged to bring masks with them while they are at Camp, and this will be listed as an item on the packing list
  - Camp Oty'Okwa will provide a new cloth mask for each camper and staff member daily at breakfast
    - Assigned camp staff will wash and dry masks daily for re-distribution
    - Camp will have multiple colors of masks to avoid confusion between which mask belongs to which person
    - Camp will have a way to size-adjust masks for proper fit, possibly putting them on lanyards for each camper
- Extra masks will be provided in med packs in case they are needed while on hikes/activities
- Campers and staff will stay at least 3 feet away from all other campers within a cabin group
- Campers and staff will stay at least 6 feet away from all other campers outside of their cabin group
- Campers and staff will stay at least 6 feet away while eating and drinking, including among people within the same cabin group

## Cleaning

Camp Oty'Okwa will make cleaning and sanitizing a top priority to assist in the prevention of COVID-19 from entering the camp population. The guidelines from the CDC and ACA on proper sanitization have shown that extra sanitization will help in the fight against COVID-19. Here are the extra measures that are to be taken on a daily basis:

- Camp will hire/assign extra staff who are responsible for sanitation for high-traffic areas constantly. Some examples of higher traffic areas include doorknobs, light switches, restrooms, tables and chairs, etc. Anything that gets frequently handled will be sanitized daily if not multiple times per day.
- Camp will remain equipped with a sufficient supply of cleaning and sanitation materials

## **Luggage/Bed Bug Prevention**

We will continue to monitor and prevent bed bugs from entering Camp Oty'Okwa as we have in the past. Additional measures will be taken regarding COVID-19.

- Camper and staff luggage will be heat-treated in accordance with the standard camp bed bug prevention protocols
- The heating process will kill any COVID virus on items
- Staff will sanitize their hands prior to removing luggage from the heating room and sorting luggage into the Activity Barn
- Staff will monitor campers retrieving luggage to support social distancing

## **Health Center**

The Camp Oty'Okwa Nurse's cabin will be a vital component this summer in monitoring the health and safety of all who are in attendance. Camp Oty'Okwa has adapted the Nurse's Cabin to help mitigate the potential spread of COVID-19 should it enter camp.

- Anyone with a temperature at or above 100.4 will be quarantined in the quarantine location and the parent will be notified. Their temperature will be checked again one hour later and if they still have a temperature at that time, they will be sent home and a parent or guardian will transport the child back home
- Campers who need to be quarantined due to fever or other COVID concerns will be kept separate from other campers and staff until their temperature has decreased to acceptable limits upon second check or until they leave camp. If someone is suspected of having or exhibiting symptoms of COVID, that person and any staff interacting with that person will wear an N-95 mask provided by Camp
- Parents/guardians of campers will be notified if a person at camp tests positive for COVID
- Medication distribution – routine medications will be distributed by the nurses directly outside the medical post so that campers can stay outside and stay distanced when receiving routine medications
- Campers needing medical attention that is not suspected to be COVID-related (upset stomach, etc.) and routine issues (bug bites, sunburn) will be kept separate from campers with COVID concerns and campers who are currently being quarantined

## **Coultrap Lodge**

The Coultrap Lodge will primarily be used for the Life Skills Program. All protocols regarding COVID-19 will be followed in the Coultrap Lodge.

- Distancing
  - Tables will be spaced out within the building to support distancing as much as possible during meals
  - Only one person will be directly at the stove at a time while cooking

- Capacity
  - Group size will be maintained at 50% of typical cabin group size
  - Each bunk bed set (top and bottom) will only be assigned to one camper. There will not be a camper on the top bunk and bottom bunk of any bed
  - Masks are required at all times while in the cabin except when eating, showering, or sleeping
  - Group size – 9 campers
  - Sleeping arrangements
    - Coultrap Lodge – 2 people per bedroom = 6 campers and 2 staff
    - Cardinal Lodge – 1 person per bunk set = 3 campers and 2 staff
- Sanitation
  - Staff and campers will sanitize and clean surfaces throughout the day, including before and after each meal
  - Hand sanitizer and gloves will be available at all times in the building
  - Tables and chairs will be sanitized before and after meals
  - Camp will have signs posted and marks on the floor to remind people about distancing and sanitizing
  - Dishes will be washed in a three-sink system with sanitizer (wash, rinse, sanitize)
  - Furniture in the common areas of the building will be arranged to support social distancing as much as possible – furniture will be added/removed prior to summer if needed
- Food handling, serving, and storage
  - A designated person will serve the food/drink at each meal (only they touch the handles and serving dishes)
  - Individually wrapped items will be used as much as possible or single-serving items (like apples)
  - Kitchen staff will assist Life Skills Director with obtaining refrigerated and dry goods from the dining hall
  - Staff and campers will sanitize hands and wear gloves to pack, prepare, cook, and serve food
  - Campers and staff will be required to use hand sanitizer before getting items from the fridge, freezer, or pantry
  - Masks will be required to be worn at all times during meals except when seated and eating